

The Holy Father's Intention for the Months of September and October 2024



**September (For the cry of the earth )**  
*We pray that each one of us will hear and take to heart the cry of the Earth and of victims of natural disasters and climate change, and that all will undertake to personally care for the world in which we live.*

**October (For a shared mission )**  
*We pray that the Church continue to sustain in all ways a Synodal lifestyle, as a sign of co-responsibility, promoting the participation, the communion and the mission shared among priests, religious and lay people.*

**BIRTHDAY BLESSINGS**

To all our generous benefactors, mission and prayer partners who are celebrating their gift of life in these months of September and October rest assured that you will be remembered in our prayers, especially in the celebration of the Holy Eucharist.

The Congregation of the Blessed Sacrament invites you to participate in the formation of our seminarians and the on-going formation of our religious.

Any donation will be deeply appreciated and acknowledged.  
 We pray daily for the intentions of our benefactors during Benediction of the Blessed Sacrament & weekly Mass every Thursday.

PLEASE INCLUDE YOUR INTENTIONS AND PRAYERS:

Empty box for intentions and prayers

(Or you may include your intentions inside the envelope).

Name : Address: \_\_\_\_\_  
 Code: \_\_\_\_\_ Tel. No.: \_\_\_\_\_ CP#: \_\_\_\_\_

- Enclose is my** **For**
- Monthly  Seminarians' Education
  - Quarterly  On-Going Formation
  - Occasional Pledge  One Year
- for the month of \_\_\_\_\_



CHECK DONATION—PAYABLE TO: BPI Account No 0141-105736  
**CONGREGATION OF THE BLESSED SACRAMENT, INC.**  
 or you may **contact:** Fr. Marc Bryan R. Adona, SSS: 0995-1593119 / 02-7238328  
**FB:** alde bureros or **email:** polasecretariat@gmail.com  
 #20 Eymard Drive, Brgy. Kristong Hari, New Manila, Quezon City

DO NOT ENTRUST TO COLLECTORS

**St. Peter Julian Eymard said:**  
 Happy is the soul that knows how to find Jesus in the Eucharist, and the Eucharist in all things.



CONGREGATION OF THE BLESSED SACRAMENT

# Eukaristiya

SENTRO NG BUHAY

VOL. 30, NO. 5 SEPTEMBER TO OCTOBER 2024



**Eucharist and Mary**  
**Mary: Companion of Pilgrims of Hope in this Year of Prayer**



From the SMP - PDO Office

Peace to one and all!

On behalf of our seminarians, I would like to express my heartfelt thanks for your generous support of our seminarians. Your contributions are instrumental in helping them grow in their formation and vocation. We are truly blessed to have you journey with us in this mission.

This newsletter reflects on the Blessed Virgin Mary, who accompanies us as pilgrims in this Year of Prayer. 2024. We are delighted to share articles about the vital role of the ASSIST Program in supporting our seminarians, and our apostolate with KALAKBAY in the Diocese of Cubao, as we journey alongside those discerning their vocations. Br. Richard Ravanera also shares his on-going pastoral experience with the community in Tacloban.

Additionally, we feature a full-page spread promoting the Eucharistic Prayer Association, highlighting its products and services, and the profound spiritual benefits of joining this community.

May Mary continue to guide us all in this journey of faith and service. Your support is deeply appreciated, and we pray that the Lord bless you abundantly.

In Christ our Bread of Life, I remain!

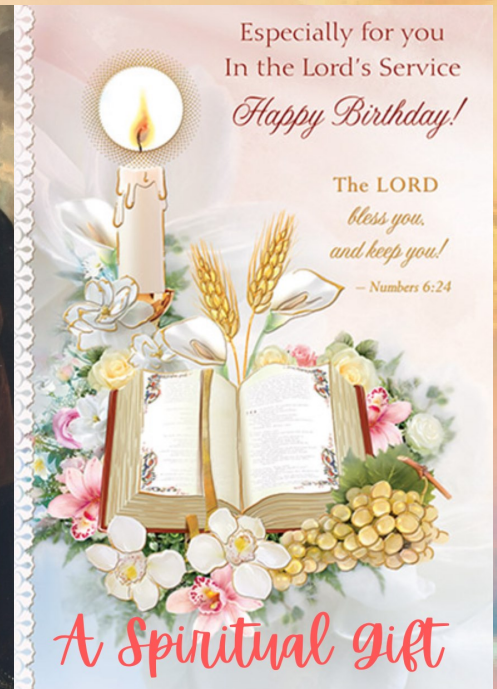
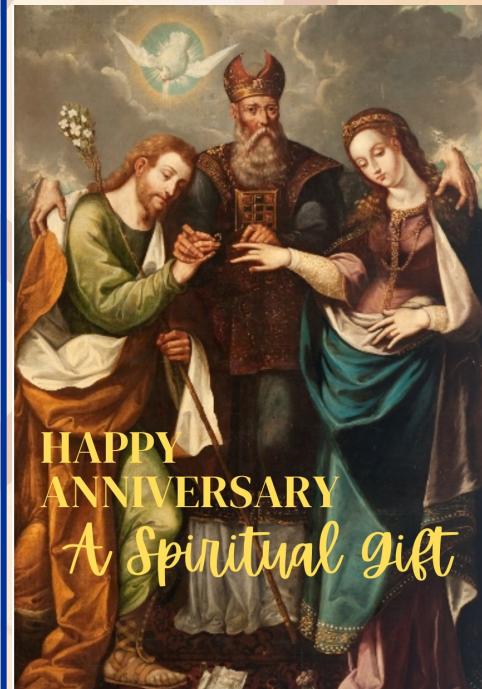
Gratefully yours,

FR. MARC BRYAN R. ADONA, SSS

\*To all those who wish to send their financial assistance for the "Support Our Seminarians" Project or S.O.S through bank, you can deposit your donations to BPI Account No. 4061-001951 under the name of the Congregation of the Blessed Sacrament. Thank you very much!

# EUCCHARISTIC PRAYER ASSOCIATION MASS AND SPIRITUAL GIFT CARDS

Share prayers and sympathies anytime, anywhere. Order NOW!



# EUCHARISTIC PRAYER ASSOCIATION UPDATE

Dear Friends in Christ,

Greetings of peace in Christ!

We extend our heartfelt thanks for your continued support and generosity. As part of our ministry, we offer Mass Cards, the proceeds of which directly help cover the school fees of our seminarians. These cards not only provide spiritual comfort but also contribute to the formation of future priests.

If you or anyone you know might benefit from these, we would be deeply grateful for your support. Together, we can continue to nurture the vocations of those called to serve in the Church.

Thank you for being part of this mission.

In Christ Bread of Life,  
I remain,



REV. FR. ALDE BUREROS, SSS

## SHARE PRAYERS AND SYMPATHIES

Anytime, Anywhere.  
ORDER NOW!

How It Works:

1. Provide the details:
  - a. Name of the Deceased
  - b. Mobile Number/Landline
  - c. Address (For Delivery)
2. Select your Card
3. Confirm and Payment
  - a. GCASH: 09178040450 (Alde Bureros)

Reach out to us and we'll handle the rest, ensuring a smooth and compassionate experience.

## CONTACT US

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#20 Eymard Drive, Barangay Kristong Hari  
1112 New Manila, Quezon City

Landline: (02) 87238328  
Mobile: (+63) 9178040450

Website: [www.blessedsacramentphil.org](http://www.blessedsacramentphil.org)  
Email: [polasecretariat@gmail.com](mailto:polasecretariat@gmail.com)



## THE EUCHARISTIC PRAYER ASSOCIATION

PROVINCE OF OUR LADY OF THE ASSUMPTION  
PHILIPPINES



\_\_\_\_\_ has been enrolled in the

***Eucharistic Prayer Association***

on the

\_\_\_\_\_ day of \_\_\_\_\_ 20\_\_

Continually sharing in the spiritual benefits of the Eucharist celebrated for all the members in all the centers of the association in the Philippines, and all the spiritual advantages, resulting from the prayers and good works of Blessed Sacrament Fathers and Brothers (SSS).

Likewise, with the assurance of the spiritual support and prayers of

\_\_\_\_\_

Spiritual Director



# PASTORAL EXPOSURE UPDATE

## Pastoral Exposure Program

Br. Richard D. Ravanera, SSS



I am truly grateful for my ongoing pastoral exposure at the Archdiocesan Shrine of the Blessed Sacrament, Blessed Sacrament Parish, and the SSS Tacloban Community. Their kindness allows me to integrate my seminary formation, deepen my understanding of religious life, and appreciate the Eucharistic charism of our Congregation.

As a "pastorales," I'm privileged to engage in parish activities, including treasury work, assisting the secretary, and supporting BEC members in barangay chapels. I also help priests animate groups like ABS, BSVC, and others, while encouraging them toward the Eucharist. Leading recollections for institutions is an honor.

In my journey as a "pastorales," I see hardships as blessings and focus on opportunities to grow as a Sacramentino. I value the experiences from this stage of formation, relying on prayers and Our Lady of the Blessed Sacrament to stay steadfast in my vocation and future ministry.



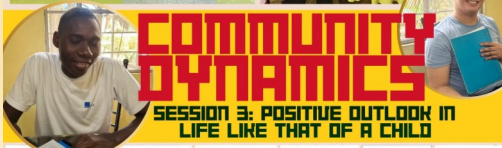


## ASSIST Program

*Br. Ian Gabriel C. Zaulda, SSS*

"Happiness can be found even in the darkest of times if one only remembers to turn on the light." – Anonymous

The seminary formation focuses not only on spiritual development but also on the overall well-being of the scholastics, which includes mental and emotional health. The ASSIST program of Eymard Formation Center facilitated by Ms. Lut Carlos, support scholastics' holistic growth by focusing on continuous human and psychological formation. Through ongoing interventions, the program ensures seminarians develop personally and emotionally, equipping them for their spiritual and pastoral responsibilities as they prepare for their future roles in the religious and priestly ministry. I was able to have a glimpse and get in touch with my inner self, reconcile that past with the present, and make a resolution on those things that had happened. Making me understand and learn the things of the past that would help me go forward and also use this as motivation in the future ministry to help others who are struggling with the same issues.



## Kalakbay: An Apostolate on Co-journeying and Accompaniment

*Br. Jubert D. Alberto, SSS*

The Kalakbay program of the Immaculate Conception Cathedral in the Diocese of Cubao takes a different approach to vocation of assisting the faithful, especially the youth, in providing direction and discernment through accompaniment. Instead of a "hardsell" approach of entering the seminary or convent, Kalakbay, meaning "co-journeyer," encourages the faithful, especially the youth, to discern God's universal call to holiness in various states of life, including priesthood, religious life, marriage, and single blessedness.



After being paused due to the pandemic, the program resumed in June, starting with a "kumustahan" session facilitated by seminarians from the Congregation of the Blessed Sacrament (SSS). Sessions on the universal call to holiness and various vocations followed, led by the Daughters of St. Anne (DSA) and La Salette Missionaries. The program also launched YouR Encounter (Youth and Religious Encounter), which brings together religious congregations, married couples, and singles to share their vocation experiences.

Now preparing for its fifth session in October and a vocation fair in November, Kalakbay has brought together more than 100 active participants in just a short span of time. Kalakbay is gearing up to widen and deepen its reach to help the faithful find their true vocation, which undeniably springs forth joy and deeper communion with Christ.